



Self-Discovery Worksheet

Lesson Two

“I Don’t Like Asking for Money”

Ever feel conflicted about asking for money for your spiritual gifts?

Using the SUD Scale (0-10), indicate your level of distress when saying the statements below:

“They’ll think I’m Greedy.”

SUDs _____ SUDs _____ SUDs _____

“They’ll think I don’t really care about them.”

SUDs _____ SUDs _____ SUDs _____

“They’ll think I’m only in it for the money.”

SUDs _____ SUDs _____ SUDs _____