



Mentoring Program

Skills, Tapping & Coaching

Course 5 Module 2 Lesson 4

Assignment

“Practicing Deep Listening”

1. Practice LISTENING to HEAR, not to answer
2. NOT to respond but to literally echo every word they say
3. **Podcast, Interviews etc.**
4. Listen. Pause it.... Echo exact words for a while
5. Then think and feel deeper...what do you hear BEHIND the words?
6. What question would YOU ask them?

Practice with at least 3 audios. Make notes & return and report in the Facebook Group!