



The EGO Tamer[®] Academy
Session Celebrations



**This page contains the Session Celebration Form that you'll submit
as the Practitioner for your practice sessions.**

Your Email Address *

Your Name *

Please select the number of this session (out of 50). *

Client's First Name and Last Initial *

Date of Session with this Client *

Client's Email Address *

What type of session was this? *

- In Person
- Phone
- Video Conference (Skype, Zoom, Facetime, etc.)

What was the length of this session? *

- 45 minutes
- 1 hour
- 75 minutes
- 90 minutes
- 2 hours
- Other

If you selected "Other" for the length of the session, please let us know the length of that session.

How many sessions have you had with this client? *

- 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15
-

As the practitioner:

I arrived on time. *

- Yes
 No

I was organized. *

- Yes
 No

I provided a safe and comfortable environment for the client. *

- Yes
 No

I explained confidentiality. (First Session Only) *

- Yes
 No
 Not Applicable (not the first session)

I built a bridge to EFT. (First Session Only) *

- Yes
 No
 Not Applicable (not the first session)

I explained the tapping points. *

- Yes
 No
 N/A (explained in the first session with this client)

I established rapport. (EVERY Session) *

- Yes
 No
-

Client Experience (rate each part below on a scale of 0-to-10 with 10 being excellent.)

I was able to get the client focused on one specific experience. *

0 1 2 3 4 5 6 7 8 9 10

I collected specific aspects. *

0 1 2 3 4 5 6 7 8 9 10

I tracked shifting aspects (Daisy Chain). *

0 1 2 3 4 5 6 7 8 9 10

What was the topic for this session? *

Key Points of the Session (5-7 actual phrases with the SUD scale number and the reframe)

Phrase #1 *

SUD Scale for Phrase 1 (First)

0 1 2 3 4 5 6 7 8 9 10

SUD Scale for Phrase 1 (1st Retest)

0 1 2 3 4 5 6 7 8 9 10

SUD Scale for Phrase 1 (2nd Retest)

0 1 2 3 4 5 6 7 8 9 10

Phrase #2 *

SUD Scale for Phrase 2 (First)

0 1 2 3 4 5 6 7 8 9 10

SUD Scale for Phrase 2 (1st Retest)

0 1 2 3 4 5 6 7 8 9 10

SUD Scale for Phrase 2 (2nd Retest)

0 1 2 3 4 5 6 7 8 9 10

Phrase #3 *

SUD Scale for Phrase 3 (First)



SUD Scale for Phrase 3 (1st Retest)



SUD Scale for Phrase 3 (2nd Retest)



Phrase #4 *

SUD Scale for Phrase 4 (First)



SUD Scale for Phrase 4 (1st Retest)



SUD Scale for Phrase 4 (2nd Retest)



Phrase #5 *

SUD Scale for Phrase 5 (First)



SUD Scale for Phrase 5 (1st Retest)



SUD Scale for Phrase 5 (2nd Retest)



Phrase #6

SUD Scale for Phrase 6 (First)



SUD Scale for Phrase 6 (1st Retest)



SUD Scale for Phrase 6 (2nd Retest)



Phrase #7

SUD Scale for Phrase 7 (First)



SUD Scale for Phrase 7 (1st Retest)



SUD Scale for Phrase 7 (2nd Retest)



Please share reframes that landed and celebrations about this session. *

Self-Scoring for your Skill and Success (on a scale of 0-to-10 with 10 being excellent)

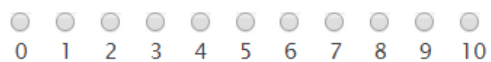
I used the client's words. *



I adapted reminder phrases. *



I tracked changing aspects and daisy chains. *



I used detective work/good questions. *

0 1 2 3 4 5 6 7 8 9 10

I located the feeling in the body. *

0 1 2 3 4 5 6 7 8 9 10

I was persistent and reduced specific aspects to a SUD scale level of 3 or below. *

0 1 2 3 4 5 6 7 8 9 10

I had a good comprehension of the issue. *

0 1 2 3 4 5 6 7 8 9 10

I effectively used tenderizer phrases. *

0 1 2 3 4 5 6 7 8 9 10

I effectively used affirmation and permission phrases. *

0 1 2 3 4 5 6 7 8 9 10

I was effective in reframing and pre-framing. *

0 1 2 3 4 5 6 7 8 9 10

I effectively used my intuition. *

0 1 2 3 4 5 6 7 8 9 10

I was able to resolve/dissolve distress. *

0 1 2 3 4 5 6 7 8 9 10

I was effective in tracking and dissolving the client's PR. *

0 1 2 3 4 5 6 7 8 9 10

I included the use of humor during the session. (Select "0" if this was not applicable.) *

0 1 2 3 4 5 6 7 8 9 10

I felt confident while conducting this session. *

0 1 2 3 4 5 6 7 8 9 10

I felt creative while conducting this session. *

0 1 2 3 4 5 6 7 8 9 10

I felt that I was flexible with the client during this session. *

0 1 2 3 4 5 6 7 8 9 10

I effectively tested and retested for resolution. *

0 1 2 3 4 5 6 7 8 9 10

How many times did you gather SUD scale numbers? *

Did you use testing methods other than telling a story? (i.e, How did you retest?) *

I used the following technique(s) during this session. (Check all that apply.) *

- Touch and Breathe
- Talk and Tap
- Sneaking Up on the Pain
- Tearless Trauma Technique
- Chasing the Pain
- The Movie Technique
- Other

What other modalities or tools did you use during this session?

I performed the following as part of my session closing with the client (check all that apply): *

- Celebration of what was healed
- Helped the client integrate their experience (asked them for two or three insights or take-aways from the session)
- Reviewed what remains to be healed
- Discussed the possibility of future sessions
- Offered the client suggestions for after-session integration and homework

How would you score your overall satisfaction with yourself as a practitioner for this session? (On a scale of 0-to-10 with 10 being excellent.) *

0 1 2 3 4 5 6 7 8 9 10

Please describe and Challenges and/or Celebrations specific to this client and/or this session. *

Please describe three (3) things you experienced/learned during your session with this client. *

Do you have any questions or concerns that you would like to discuss with Jan? (If none, please enter "None") *

Submit