

# The EGO Tamer<sup>®</sup> Academy

## Continuing Professional Development



Name: \_\_\_\_\_

Email: \_\_\_\_\_

<i>Date</i>	<i>Activity # &amp; Description (see next page)</i>	<i>Hours (example: 2.25)</i>	<i>Insights, Journaling, etc.</i>
<b>Total Hours:</b>		<b>0.00</b>	

## CPD QUALIFYING ACTIVITIES

Item #	Description	Documentation
1	Attending a professional Training (EFT, TET Tapping or other)	Copy of Certificate to Mentor
2	<b>Paid Private Session with a Practitioner or Mentor</b>	Record the theme, SUDs, etc.
3	Written Case Study	Document with Case Study Form
4	Discussion of Case Study with Mentor or Peer Group	Discuss with Mentor
5	<b>Reading</b> relevant article/book/newsletter	Report or Discuss with Peers/Mentor
6	Application of <b>Personal Peace Procedure</b> (alone or with peer)	Journal
7	<b>* Peer Student Session</b> as Practitioner, Client or Student/Coach	Journal - Discuss with Peer/Mentor
8	<b>Participation in Discussion Group/Forum</b> (coaching & peer calls)	Document Topic/Insights, Borrowed Benefits, Tapping Insights
9	<b>Attend Teleconference</b> (as audience member - not student)	Document Topic/Insights
10	<b>Perform Business Practices</b>	Document - Discuss with Peers/Mentor
11	<b>Public Presentation</b> of TET Tapping	Document - Discuss with Peers/Mentor
12	<b>Creating Teaching Program</b> on niche topic	Document - Discuss with Peers/Mentor
13	Translating material into a second language	Document
14	Research on niche topic for teaching or for self-growth	Document
15	Writing an Article/Blog Post	Document - Discuss with Peers/Mentor
16	Writing a Newsletter	Document - Discuss with Peers/Mentor
17	Writing an eBook	Document - Discuss with Peers/Mentor
18	Writing a Book on a specific topic	Document - Discuss with Peers/Mentor
19	Moderate a Discussion Group	Document - Discuss with Peers/Mentor
20	Attend Webinar (as an audience member)	Document - Discuss with Peers/Mentor
21	Self-Study using MP3s, DVDs, etc.	Document

\* You may count your sessions as a practitioner, but you need to journal them on  
[your online Session Celebration Form](#)  
in order to count them toward your 50 required sessions.