

Orientation & Introduction to Your Coaching Program

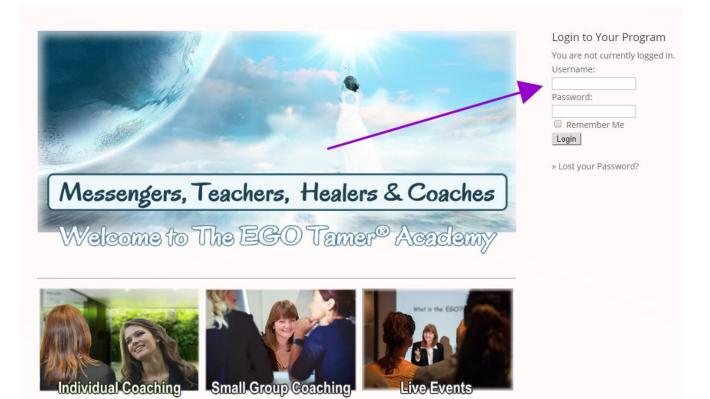
Welcome fellow EGO Tamer! We're so happy to have you as part of our family at The EGO Tamer[®] Academy. We're doing our best to keep everything as simple as possible for you so that you can enjoy the journey and keep your attention on taming the EGO and experiencing more peace and prosperity in your life.

So, let's get started.

To access your coaching program you can click on the link below:

www.TheEGOTamerAcademy.com

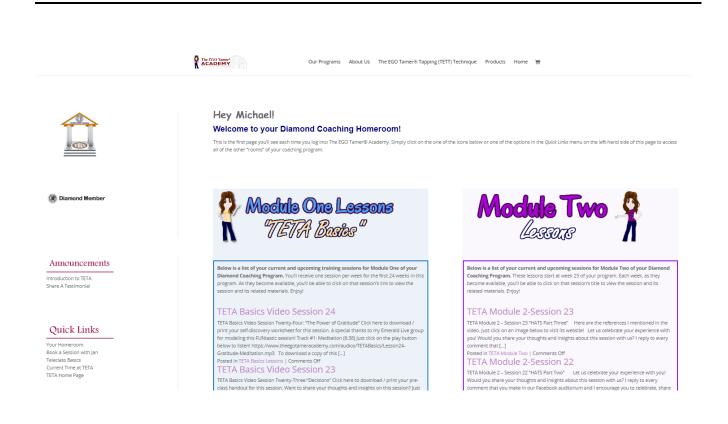
When the page opens, enter your user name and password into the login form on the upper right-hand side of the page. (*We know one of the first things you'll probably want to do is change your password. Don't worry...those instructions are included a little later in this introduction.* (2)





Welcome to Your Homeroom!

After logging in, this is the page you'll land on. We call it your "homeroom." Your homeroom is the front door to everything you need access to in the program.

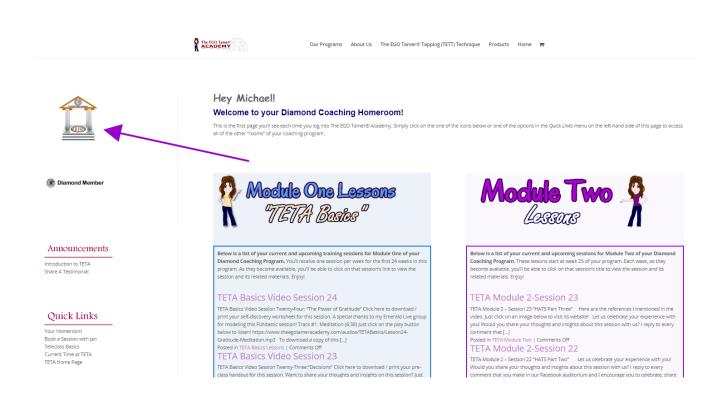


OK! Let's have a look around.



On the left-hand side of the page is our column logo. If you click on it, it will take you back to the home page for The EGO Tamer[®] Academy (<u>www.theegotameracademy.com</u>).

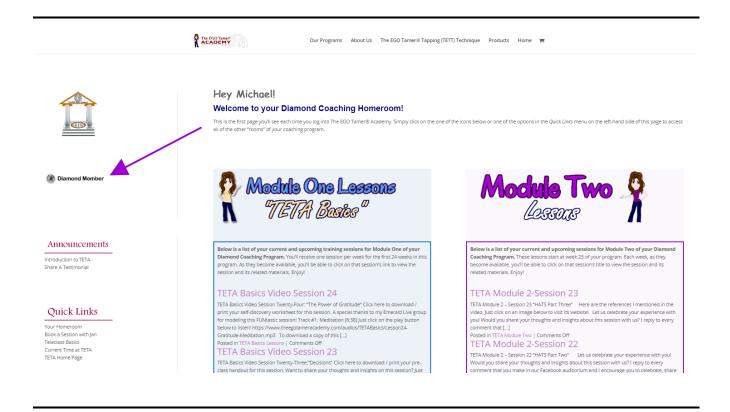
Please note that screenshots in this document are for instructional purposes only. Your homeroom and session pages may look slightly different.





The Coaching Program Indicator

Below our column logo, the first thing that you'll see is the indicator for the coaching program *YOU* belong to.



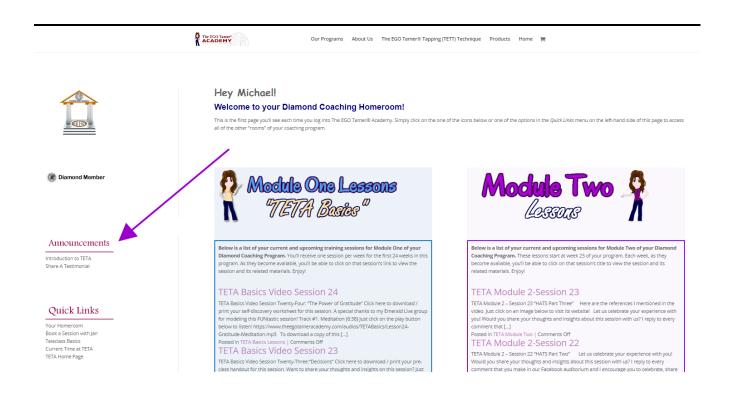
If you click on the coaching program indicator (*the gem*), it'll bring you back to your homeroom page from any other page at The EGO Tamer[®] Academy while you're logged in.



Below the Coaching Program Indicator you'll see ...

Announcements

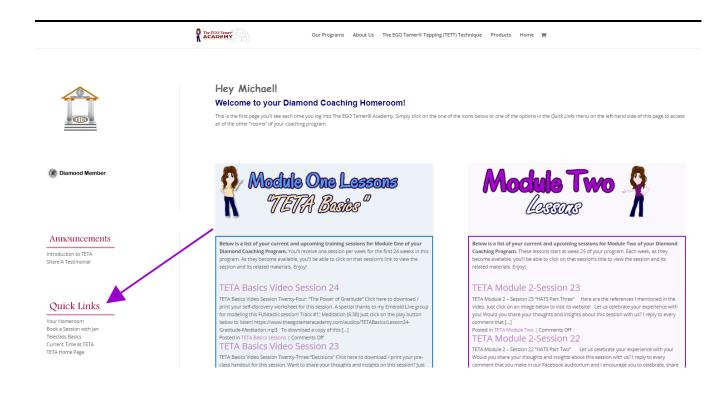
Make it a habit to check for new announcements whenever you log into our coaching program. This is where we provide you with up-to-date information on lessons, schedules and other important information related to your coaching program.





Next you'll see...

Quick Links



Each of the quick links takes you to a different "room" or to information related to your lessons and coaching program features.



• Your Homeroom: This page is the "front door" to everything you'll need access to in the program.

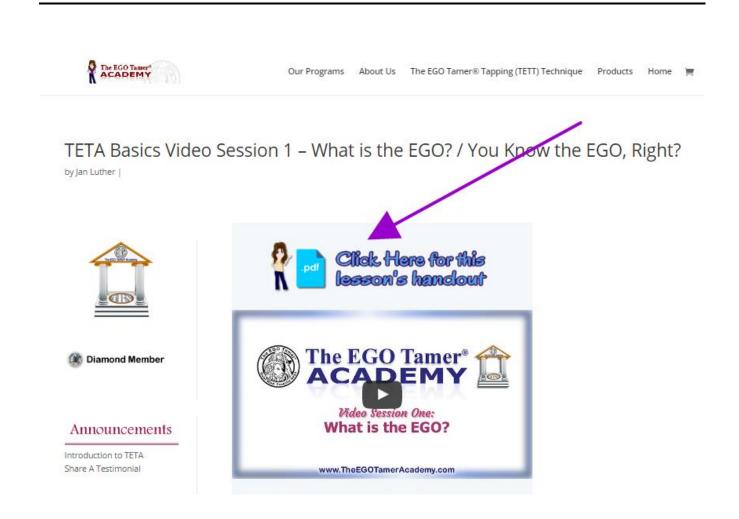
The homeroom page also contains the titles and links to your *active* lesson pages. Once a lesson is "live" it will automatically appear on your homeroom page and all you need to do is simply click the Lesson Title link and it will take you directly to your lesson and the handouts and bonus materials that go with it.

	Our Programs About Us The EGO Tamer® Tapping (TE	ETT)Technique Products Home 🦷
	Hey Michael! Welcome to your Diamond Coaching Homeroom! This is the first page you'll see each time you log into The EGO Tamer® Academy. Simply click on the one of all of the other 'rooms' of your coaching program.	of the icons below or one of the options in the Quick Links menu on the left-hand side of this page to access
Biamond Member	Module One Lessons "TETA Basies"	Mochules Two
Announcements Introduction to TETA Share A Testimonial	Below is a list of your current and upcoming training sessions for Module One of your Diamond Coaching Program. You'll receive one session per veek for the first 24 weeks in this program. As they become available, you'll be able to click on that session's link to view the session and its related materials. Enjoy!	Below is a list of your current and upcoming sessions for Module Two of your Diamond Coaching Program. These lessons start at week 25 of your program. Each week, as they become available, you'lb a able to click on that session's tible to view the session and its related materials. Enjoy!
Quick Links Your Homeroom Booka Session with Jan Teleclass Basics Current Time at TETA TETA Home Page	TETA Basics Video Session 24 TETA Basics Video Session Twenty-Four: "The Power of Gratitude" Click here to download / print your self-discovery worksheet for this session. Aspecial than its to my Emeraid Like group for modeling this Politastic session! Truck 11: Meltation (58) lust cit ick on the Jay Dutton below to Istern! https://www.theegotamer.cadewry.com/audios/TETABasics/Lesson24- Greitude-Meltation.mgb To download c exp of this [] Posted in TETA Basics Lessons [Comments Off TETA Basics Video Session 1 Centry. There: "Decisions" Click here to download / print your pre- class handout for this session. Wart to share your thoughts and insights on this session" Just.	TETA Module 2-Session 23 TETA Module 2-Session 23 'HATS Part Three' Here are the references I mentioned in the video. Just click on an image below to vidit to velobile" takes celebrate your experience with your Would you share your vhoughts and indighte about this session with will reply to every comment that [_] Possed in TETA Module Two Comments Off TETA Module 2-Session 22 TETA Module 2-Session 22 TETA Module 2-Session 22 TETA Module 2-Session 22 TETA Module 2-Session 24 TATS Part Two' Let us celebrate your experience with you! Would you share your thoughts and indights about this session with w21 reply to every comment that you make in our Facebook auditorium and I encourage you to celebrate, share



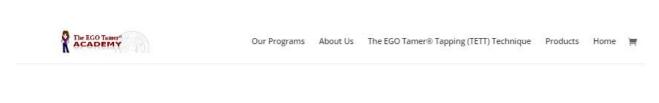
The lesson pages will contain links to any pre-class handouts, videos, and audio mp3 recordings associated with the lesson. (*The audio recordings can also be downloaded to your computer or mobile device.*)

Clicking on the link for the **pre-class handout** will open a PDF document which you can save and print in preparation for the session.





To view a session's video, simply click on the "Play" button and the video will start. (*Make sure you have your speakers turned on so you can hear the audio portion*.)



TETA Basics Video Session 1 – What is the EGO? / You Know the EGO, Right?





Quick Links (continued)

- Book a Session with Jan: If you need additional coaching or a personal session with Jan, you can book that session by clicking on this link. As a student at The EGO Tamer[®] Academy, you'll enjoy discounted pricing and the ability to book a single session versus a package of three or six sessions.
- **Teleclass Basics:** If you've worked with Jan any in the past, you've probably participated in one or more of her teleclasses (classes held over the phone or via Skype). If you're not familiar with teleclasses (or just need a refresher on Jan's guidelines for teleclasses), you can click on the Teleclass Basics link and view information related to how she conducts them.
- Current Time at TETA: Our offices are based in the Charlotte, NC metropolitan area, so if you're not in the same time zone as we are, sometimes it's hard to keep track of what time our classes start (*especially when you throw in Daylight Saving Time changes* ©). Clicking on this link will take you to a page that shows what time it is in our offices.
- TETA Home Page: Clicking on this link will take you back to the main/public home page for The EGO Tamer[®] Academy (<u>www.theegotameracademy.com</u>) – just like clicking on the column logo did.
- Change Password / Profile: (See...we told you this would show up. ^(C)) Just click this link to change your password. It will open a new window (shown below) that has several items related to your profile. The window shown on the next page should appear.



٩	The EGO Tamer Academy						
æ	Dashboard	Profile					
	Profile	Personal Options					
G	Collapse menu	Admin Color Scheme	Default Ectoplasm	 Light Midnight 	Ocean		
		Toolbar	Show Toolbar when viewing site				
		Name					
		Username	MLuther4		Usernames cannot be changed.		
		First Name	Michael				
		Last Name	Luther				
		Nickname (required)	Michael				

BY THE WAY, YES, YOU'RE WELCOME TO CHANGE THE COLORS AND YOUR PERSONAL INFORMATION, BUT **DO NOT, DON'T, UH-UH, NEVER UNCHECK THE SUBSCRIBE TO MAILING LIST** OPTION. That's like kicking yourself out of school. We don't want that.



If you scroll down to the bottom of the page, you'll see a field labeled **New Password** and a field labeled **Repeat New Password**.

🕅 🏠 The EGO Tamer Academy						
🚳 Dashboarc	About Yourself					
🐣 Profile 🔹	Biographical Info					
 Collapse menu 						
		Share a little biographical information to fill out your profile. This may be shown publicly.				
	New Password	If you would like to change the password type a new one. Otherwise leave this blank.				
	Repeat New Password					
		Type your new password again.				
		Strength indicator	Hint: The password should be at least seven characters long. To make it s letters, numbers, and symbols like ! " ? \$ % ^ &).			
			ietters, numbers, und symbols like : : : # 70 ** &).			
		Log Out of All Other Sessions				
		You are only logged in at this location.				
	Update Profile					

Enter your brand spankin' new password into both of these fields and then click the **Update Profile** button. Once you're done, simply close the window and you'll be back in your homeroom. **TA DAH!**

Logging Out

At the very bottom left hand side of the page you will see a section that shows your login status. You'll only see this when you're actually logged in. Under the status are two links – **Membership Details** and **Logout**.

- **Membership Details:** Clicking on this link will take you to your membership profile (just like clicking on the Change Password/Profile link we mentioned earlier). If you click on this link, you can return to your homeroom page by using the Back button in your browser.
- Logout: This link does exactly what you'd think it does. It logs you out of your coaching program.



Emails from Us

You may receive periodic emails containing information related to your membership. We promise not to spam you. To ensure that you receive these emails, please add **aweber.com** and **janluther.com** to your email program's safe senders list.

And, as a final note, we've tried to cover all the basics of navigating your coaching program. If there's something we've missed or you need more information about using the website and its contents, don't hesitate to shoot us an email at <u>michael@janluther.com</u>. We'll respond as quickly as possible with the information you need.

HuGs,

Michael