



The EGO Tamer®  
**ACADEMY**



## Orientation & Introduction to Your Coaching Program

**Welcome fellow EGO Tamer!** We're so happy to have you as part of our family at The EGO Tamer® Academy. We're doing our best to keep everything as simple as possible for you so that you can enjoy the journey and keep your attention on taming the EGO and experiencing more peace and prosperity in your life.

*So, let's get started.*

To access your coaching program you can click on the link below:

[www.TheEGOTamerAcademy.com](http://www.TheEGOTamerAcademy.com)

When the page opens, **enter your user name and password** into the login form on the upper right-hand side of the page. *(We know one of the first things you'll probably want to do is change your password. Don't worry...those instructions are included a little later in this introduction. ☺)*

Our Programs About Us The EGO Tamer® Tapping (TETT) Technique Home

**Login to your program**  
You are not currently logged in.

Username:

Password:

Remember Me

[» Lost your Password?](#)

**Messengers, Teachers, Healers & Coaches**  
Welcome to The EGO Tamer® Academy

Individual Coaching Small Group Coaching Live Events

**Our Mission**

The Mission of The EGO Tamer® Academy is: To help you more fully embody Divine Source Energy and utilize that power to deliberately and consciously design, manifest and experience your most breathtaking life.

Who I am here to serve: Serious Spiritual Seekers and Healers who know that once you fully embody The Divine Source Energy and use it to create your delicious full life, then you can teach others to do it, too.



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## Welcome to Your Homeroom!

After logging in, this is the page you'll land on. We call it your "homeroom." Your homeroom is the front door to everything you need access to in the program.

## OK! Let's have a look around.

On the left-hand side of the page is our column logo. If you click on it, it will take you back to the home page for The EGO Tamer® Academy ([www.theegotameracademy.com](http://www.theegotameracademy.com)).

*Please note that screenshots in this document are for instructional purposes only.  
Your homeroom and session pages may look slightly different  
depending on which coaching program you joined.*



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## The Coaching Program Indicator

Below our column logo, the first thing that you'll see is the indicator for the coaching program *YOU* belong to.

The screenshot shows a user interface for 'The EGO Tamer® Academy'. At the top is a navigation bar with links: 'Our Programs', 'About Us', 'The EGO Tamer® Tapping (TETT) Technique', 'Products', and 'Home'. Below the navigation bar is a header area with a logo on the left and a personalized greeting: 'HEY MICHAEL! Welcome to your Sapphire Elite Coaching Homeroom!'. A message explains that this is the first page seen upon login. A purple arrow points to a 'Sapphire Member' icon and a 'Quick Links' section. The 'Quick Links' section contains several links: 'Your Homeroom', 'Book a Session with Jan Auditorium (Facebook)', 'Student Body Coaching Calls', 'Teleclass Basics', 'Current Time at TETA', and 'TETA Home Page'. Below this is a 'You're logged in...' section with 'Welcome Michael' and links for 'Membership Details' and 'Logout'. The main content area features four icons: 'TETA BASICS ARCHIVES', 'TETA MODULE 2 ARCHIVES', 'TETA "AUDITORIUM" facebook GROUP', and 'COACHING CALLS & EVENTS'. A purple circular button at the bottom right says 'BOOK A SESSION with Jan'. A small '>' symbol is visible below the icons.

If you click on the coaching program indicator (*the gem*), it'll bring you back to your homeroom page from any other page at The EGO Tamer® Academy while you're logged in.

Below the *Coaching Program Indicator* you'll see...

## Announcements

Make it a habit to check for new announcements whenever you log into our coaching program. This is where we provide you with up-to-date information on lessons, schedules and other important information related to your coaching program.



Our Programs About Us The EGO Tamer® Tapping (TETT) Technique Products Home

**HEY MICHAEL!**

**Welcome to your Sapphire Elite Coaching Homeroom!**

This is the first page you'll see each time you log into The EGO Tamer® Academy.

Simply click on the one of the icons below or one of the options in the *Quick Links* menu on the left-hand side of this page to access all of the other "rooms" of your business coaching program.

**Sapphire Member**

**Announcements**

[Introduction/Overview](#)  
[Student Body Calls](#)  
[Share A Testimonial](#)

**Quick Links**

[Your Homeroom](#)  
[Book a Session with Jan Auditorium \(Facebook\)](#)  
[Student Body Coaching Calls](#)  
[Teleclass Basics](#)  
[Current Time at TETA](#)  
[TETA Home Page](#)

**You're logged in...**  
Welcome Michael

» [Membership Details](#)  
» [Logout](#)

**TETA BASICS ARCHIVES**

**TETA MODULE 2 ARCHIVES**

**TETA "AUDITORIUM" facebook GROUP**

**COACHING CALLS & EVENTS**

**BOOK A SESSION with Jan**



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*Next you'll see...*

## Quick Links

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 **Sapphire Member**

**HEY MICHAEL!**

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**Announcements**

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[TETA Home Page](#)

**You're logged in...**  
Welcome Michael

» [Membership Details](#)  
» [Logout](#)

**TETA BASICS ARCHIVES**

**TETA MODULE 2 ARCHIVES**

**TETA "AUDITORIUM" facebook GROUP**

**COACHING CALLS & EVENTS**

**BOOK A SESSION with Jan**

Each of the quick links takes you to a different "room" or to information related to your lessons and classes.



# The EGO Tamer® ACADEMY



- **Your Homeroom:** This page is the “front door” to everything you’ll need access to in the program.

The homeroom page also contains icons for the TETA Basics and TETA Module 2 lessons. By clicking on one of the icons, you’ll be directed to a list of lessons for that module where you can click on the lesson title to view that lesson. **It is HIGHLY RECOMMENDED that you complete these lessons in the order that they’re presented.** (For any new lessons that are added, you’ll see that lesson listed below the icons on the homeroom page. Once a lesson is “live” on your homeroom page, all you need to do is simply click the blue “Continue reading →” link and it will take you directly to your lesson and the handouts and bonus materials that go with it.)

Our Programs About Us The EGO Tamer® Tapping (TETT) Technique Products Home

HEY MICHAEL!

Welcome to your Sapphire Elite Coaching Homeroom!

This is the first page you'll see each time you log into The EGO Tamer® Academy.

Simply click on the one of the icons below or one of the options in the *Quick Links* menu on the left-hand side of this page to access all of the other "rooms" of your business coaching program.

**TETA BASICS ARCHIVES**

**TETA MODULE 2 ARCHIVES**

**TETA "AUDITORIUM" facebook GROUP**

**COACHING CALLS & EVENTS**

BOOK A SESSION with Jan



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The lesson pages will contain links to any pre-class handouts, videos, and audio mp3 recordings associated with the lesson. *(The audio recordings can also be downloaded to your computer or mobile device.)*

Once you've completed a session, we invite you to share your experience with us and our other students. Log into your Facebook account and then click the **Auditorium (Facebook)** link to join the daily discussions. This is also the place to ask questions as well as get to know your classmates and share celebrations! *(Note: If you don't have a Facebook account, it's easy and free to sign up! Just [click here](#) and follow their account creation steps.)*

Clicking on the link for the **pre-class handout** will open a PDF document which you can save and print in preparation for the session.

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Opal Member

**Announcements**

[Introduction to TETA](#)  
[Student Body Calls](#)  
[Share A Testimonial](#)

**Quick Links**

[Your Homeroom](#)  
[Book a Session with Jan](#)  
[Auditorium \(Facebook\)](#)  
[Student Body Coaching Calls](#)  
[Teleclass Basics](#)  
[Current Time at TETA](#)  
[TETA Home Page](#)  
[Tame Your Fears](#)  
[Change Password/Profile](#)

**You're logged in...**  
Welcome Michael

[» Membership Details](#)  
[» Logout](#)  
[Return to Your Homeroom](#)

**Current Training Session**

**TETA Basics Video Session Four:  
"Meet Joe (Part Two)"**

Click here to download / print your pre-class handout for this session.

**The EGO Tamer®  
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**Video Session Four:  
Meet Joe (Part Two)**

[www.TheEGOTamerAcademy.com](http://www.TheEGOTamerAcademy.com)

Want to share your thoughts and insights on this session?  
Just [click here](#) or on the Auditorium link in the Quick Links menu on the left side of this page and login to your Facebook account to visit The EGO Tamer Academy private forum. Once there, you can write a comment as well as read what others are saying.



# The EGO Tamer® ACADEMY



To view a session's video, simply click on the "Play" button and the video will start. (Make sure you have your speakers turned on so you can hear the audio portion.)

The screenshot shows the website's header with navigation links: [Our Programs](#), [About Us](#), [The EGO Tamer® Tapping \(TETT\) Technique](#), and [Home](#). Below the header is a blue banner that reads "Current Training Session".

On the left side, there is a section for "Opal Member" with a logo of a classical building. Below this are sections for "Announcements" and "Quick Links". The "Announcements" section includes links for "Introduction to TETA", "Student Body Calls", and "Share A Testimonial". The "Quick Links" section includes links for "Your Homeroom", "Book a Session with Jan Auditorium (Facebook)", "Student Body Coaching Calls", "Teleclass Basics", "Current Time at TETA", "TETA Home Page", "Tame Your Fears", and "Change Password/Profile".

The "You're logged in..." section shows "Welcome Michael" and links for "Membership Details", "Logout", and "Return to Your Homeroom".

The main content area features a video player for "Video Session Part: Meet Joe (Part Two)". The video player has a play button and a purple arrow pointing to it. Below the video player is the website URL: [www.TheEGOTamerAcademy.com](http://www.TheEGOTamerAcademy.com).

At the bottom of the page, there is a thought bubble icon and a text box that says: "Want to share your thoughts and insights on this session? Just [click here](#) or on the Auditorium link in the Quick Links menu on the left side of this page and login to your Facebook account to visit The EGO Tamer Academy private forum. Once there, you can write a comment as well as read what others are saying."





## Quick Links (continued)

- **Book a Session with Jan:** If you need additional coaching or a personal session with Jan, you can book that session by clicking on this link. As a student at The EGO Tamer® Academy, you'll enjoy discounted pricing and the ability to book a single session versus a package of three or six sessions.
- **Auditorium (Facebook):** To participate in our group discussion forum (what we affectionately call the "Auditorium"), you'll need to have a Facebook account. The Auditorium is a private group and only members of The EGO Tamer® Academy will have access to it. You'll be invited to join the group through your Facebook account. If you don't have a Facebook account, just click on the link below to access instructions on how to sign up (...it's easy and it's FREE! ☺).  
[Sign up for a Facebook Account](#)
- **Student Body Coaching Calls:** Clicking on this link will take you to a page that shows the dates and times for our monthly Student Body Coaching Calls. You'll get an email each month prior to the call asking you to sign up for the call. It's free...we just like know who'll be joining us on the call...so please sign up if you're going to participate.
- **Teleclass Basics:** If you've worked with Jan any in the past, you've probably participated in one or more of her teleclasses (classes held over the phone or via Skype). If you're not familiar with teleclasses (or just need a refresher on Jan's guidelines for teleclasses), you can click on the Teleclass Basics link and view information related to how she conducts them.
- **Current Time at TETA:** Our offices are based in the Charlotte, NC metropolitan area, so if you're not in the same time zone as we are, sometimes it's hard to keep track of what time our classes start (*especially when you throw in Daylight Saving Time changes* ☺). Clicking on this link will take you to a page that shows what time it is in our offices.



## Quick Links (continued)

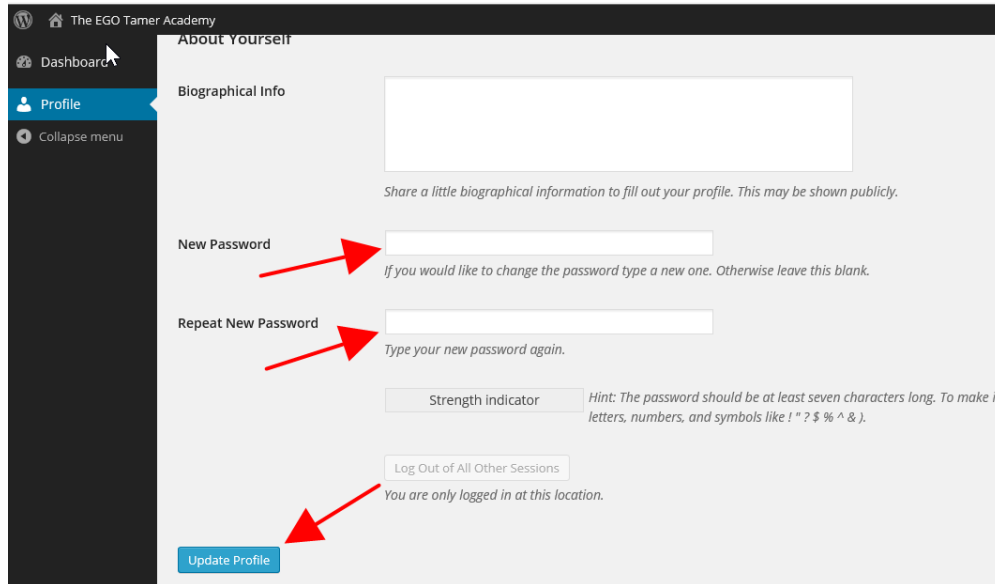
- **TETA Home Page:** Clicking on this link will take you back to the main/public home page for The EGO Tamer<sup>®</sup> Academy ([www.theegotameracademy.com](http://www.theegotameracademy.com)) – just like clicking on the column logo did.
- **Change Password / Profile:** (See...we told you this would show up. 😊) Just click this link to change your password. It will open a new window (shown below) that has several items related to your profile.

The screenshot shows the 'Profile' settings page. On the left is a dark sidebar with 'Profile' selected. The main content area is titled 'Profile' and includes a 'Personal Options' section. Under 'Admin Color Scheme', there are six radio button options: Default (selected), Light, Blue, Ectoplasm, Midnight, and Ocean. Each option has a corresponding color bar. Below this is a 'Toolbar' section with a checked checkbox for 'Show Toolbar when viewing site'. The 'Name' section contains three text input fields: 'Username' (MLuther4, with a note 'Usernames cannot be changed.'), 'First Name' (Michael), and 'Last Name' (Luther). The 'Nickname (required)' field contains 'Michael'.

BY THE WAY, YES, YOU'RE WELCOME TO CHANGE THE COLORS AND YOUR PERSONAL INFORMATION, BUT **DO NOT, DON'T, UH-UH, NEVER UNCHECK THE SUBSCRIBE TO MAILING LIST OPTION.** That's like kicking yourself out of school. We don't want that.



If you scroll down to the bottom of the page, you'll see a field labeled **New Password** and a field labeled **Repeat New Password**.



Enter your brand spankin' new password into both of these fields and then click the **Update Profile** button. Once you're done, simply close the window and you'll be back in your homeroom. **TA DAH!**

## Logging Out

At the very bottom left hand side of the page you will see a section that shows your login status. You'll only see this when you're actually logged in. Under the status are two links – **Membership Details** and **Logout**.

- **Membership Details:** Clicking on this link will take you to your membership profile (just like clicking on the Change Password/Profile link we mentioned earlier). If you click on this link, you can return to your homeroom page by using the Back button in your browser.
- **Logout:** This link does exactly what you'd think it does. It logs you out of your coaching program.



## Emails from Us

You may receive periodic emails containing information related to your membership. We promise not to spam you. To ensure that you receive these emails, please add **aweber.com** and **janluther.com** to your email program's safe senders list.

And, as a final note, we've tried to cover all the basics of navigating your coaching program. If there's something we've missed or you need more information about using the website and its contents, don't hesitate to shoot us an email at [michael@janluther.com](mailto:michael@janluther.com) . We'll respond as quickly as possible with the information you need.

HuGs,

*Jan & Michael*