



Mentoring Program

Self-Healing & EGO Taming

Course 3 Module 3 Lesson 2

“Meet Joe – Part 1”

Self-Discovery Worksheet

Our Rules are: 1) Inherited from: _____ 2) Adopted from: _____

_____ 3) Verdicts from: _____

EGO wants you to: _____

EGO would have you believe that: _____

The three-step process: 1) _____ 2) _____

3) _____

How long does this take? _____

Experiment 1: Thoughts/Feelings/Observations: _____

Experiment 2: Thoughts/Feelings/Observations: _____

NOTES: _____

“The Law of Attraction _____

_____”

This week’s 3 experiments: _____
