



Mentoring Program

Skills, Tapping & Coaching

010 - Case Study Session Evaluation Scoring Sheet

Scoring: 75 points required to meet certification requirements

Practitioner Name: _____ **Total Score** _____ /100

Date of Session: _____ **Client Initials:** _____

Coach / Mentor Name: _____

Pre-Session Rapport: 1 point each _____ (3 possible)

- ☐ Secured Release forms
- ☐ Welcome and establishing rapport (**Using F.O.R.M.**)
- ☐ Ensuring client comfort, safety and well-being

Introduce Session Structure: 1 point each _____ (6 possible)

- ☐ Length of session
- ☐ Client is in charge
- ☐ Agreements: Spiritual Language
- ☐ Agreements: Intuition or Coaching Suggestions
- ☐ Agreements: Coach Responsibilities
- ☐ Clarity of steps, setting reasonable expectations and agreeable outcomes

Building Bridges: 1 point each _____ (5 possible)

- ☐ TET is like . . .
- ☐ How/why it works
- ☐ Tapping Points
- ☐ Overview of SUDs
- ☐ Optional: Explain EGO, Verdicts and Geysers

Total this page: _____



Mentoring Program

Skills, Tapping & Coaching

Interviewing / Getting Started: 1 point each _____ (5 possible)

- ☐ Collecting Client History
- ☐ Clarifying *Presenting Issue* (The thing they are struggling with. Why they hired you.)
- ☐ Gathering Story / Capturing Aspects
- ☐ Sorting the Laundry
- ☐ Selecting a specific story to start tapping

SUDS: 2 points each _____ (12 possible)

- ☐ Being clear what you are rating with the SUDS (feelings NOW not back when)
- ☐ Getting the SUDs level before tapping
- ☐ Clarifying where they feel SUDS in body
- ☐ Getting the SUDs level often during tapping
- ☐ Getting the SUDs after rounds of tapping
- ☐ Testing when client says they are at zero

Comprehension of client's issues: 2 points each _____ (6 possible)

- ☐ Listening Skills
- ☐ Understanding what is said and what is not
- ☐ Intuition about "unspoken" beliefs or fears (verdicts)

Detective Work: 2 points each _____ (12 possible)

- ☐ Asking Open-ended Questions
- ☐ Finding Core Issues
- ☐ Persistence at Getting to the Core
- ☐ Connecting Presenting Issue to Core Issue
- ☐ Checking on bodily sensations for clues – chasing the pain if applicable
- ☐ Watching for Verdicts and PR

Total this page: _____



Mentoring Program

Skills, Tapping & Coaching

Skill with Verdicts and PR: 2 points each _____ (10 possible)

- ☐ Recognizing PR
- ☐ Maintaining Rapport (Clients spirit stays open) when addressing verdicts
- ☐ Ability to “inch” your way to a reframe
- ☐ Use of intuition, wisdom and insights for a positive reframe
- ☐ Overall success with neutralizing PR

Calibrations: 2 points each _____ (10 possible)

*Reading client’s verbal clues / body language

- ☐ Physical Appearance: Facial expressions, Posture, Body Language
- ☐ Voice: Tone, Tempo, Pitch, Language
- ☐ Pacing Client
- ☐ Patience (don’t rush to SUDS, to reframe or to next tapping round)
- ☐ Flexibility (going with the flow)

Effective use of Specific Tapping Techniques (MUST MODEL at least 3!)

3 points each _____ (18 possible)

- ☐ Sneaking Up on the Pain
- ☐ Tearless Trauma Technique
- ☐ Talk and Tap
- ☐ The Movie Technique
- ☐ Physical Pain – Follow the Feelings
- ☐ Clearing Cravings

Total this page: _____



Mentoring Program

Skills, Tapping & Coaching

Superlative Coaching Skills: 1 point each for total score _____ (13 possible)

- ☐ Sensitivity to Client's Needs
- ☐ Overall Skill using Tapping Techniques
- ☐ Ability to resolve issue
- ☐ Professionalism
- ☐ Overall Communication Skills
- ☐ Maintaining focus / redirecting rambling client
- ☐ Humility / Teachability
- ☐ Properly timed use of Humor
- ☐ Confidence
- ☐ Life Skill Wisdom and insights offered
- ☐ Personal Warmth, Compassion, Empathy
- ☐ Getting out of their own way/ Unique gifts/talents brought to the session (share comment below in Notes section)
- ☐ Probability that you would refer this practitioner to family, friends or clients.

Notes: _____

- ☐ Check this box if you have any concerns you would like to discuss with the Mentor in private!

Total this page: _____



Mentoring Program

Skills, Tapping & Coaching

Constructive Feedback & Notes

Celebrations: (What inspired you about this practitioner's gifts, talents, session?)

Questions, Concerns, Suggestions: Concerns: (Remember, if you have a concern it is coming through your perception of right, wrong or should. Clearly state what you observation and turn it into a question or share the other "door" or something that you thought of as you observed.)

Appreciation: (Specifically what did you learn and find helpful?)

Total this page: _____